



Disha



Rotary Club of Mangalore East Zone II Club No 31383 Aug 23

President

Rtn. M JAYARAM SHETTY

VICE PRESIDENT PRESIDENT ELECT

Rtn. GOPAL SHETTY

SECRETARY

Rtn Sdasheda Shetty

I.P. PRESIDENT

Rtn. CA HAREESH SHETTY

TREASURER

Rtn. DHEERAJ SHETTY

JOINT SECRETARY

Rtn. ARUN KUMAR SHETTY

SGT. @ ARMS

Rtn. SUKESH RAI

BULLETIN EDITOR

Rtn. PRADEEP KUMAR K

CLUB SERVICE

Rtn. ANAND SHETTY

COMMUNITY SERVICE

Rtn. SUNIL KUNDAR

VOCATIONAL SERVICE

Rtn. BALAKRISHNA SHETTY

INTERNATIONAL SERVICE

Rtn. ASHWATHAMA HEGDE

YOUTH SERVICE

Rtn. HAREESH M N



Rtn. Paul Harris
Founder of Rotary



Rtn. Gordon R. McNally
RI President



Rtn. Keshav H R
Dist. Governor



Rtn. M Jayaram Shetty
President

President Speaks.....

It is great pleasure and honored to be the President of Rotary club of Mangalore East, one of the vibrant club of RI District 3181. We had a highly successful and wonderful Rotary year 2022-23 under the leadership of Rtn CA Hareesh Shetty. I would like to take this opportunity to congratulate him and the team of 2022-23. Every member of our club had contributed to the success that we had achieved. I honestly request all my Rotary family members to support our team this year by involving in all activities of the club and let us scale new heights during this year. We had already completed one month of Rotary year 2023-24. Installation of Interact clubs, projects under Vanasiri, Vidyasiri were conducted during July month.

We have nice blend of experience and youth power in our team and have got very enthusiastic leaders to support. So it will not be impossible to perform and achieve. August is month of membership development. It is our responsibility to show at least 20% growth in our club membership. Let us give earnest shot at it. District Membership development seminar will be held at St Sebastian Hall Mangalore on 12 th and 13 th August, to be organized by RC Mangalore South. Let us attend the seminar in large numbers.

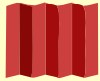
That is all dear RCME.

Let us **"CREATE HOPE IN THE WORLD"**

Yours in Rotary

Rtn Mundadiguthu Jayaram Shetty

(President RCME)



Celebrations.....



Birthday Wishes to.....

1. Rtn Gopal Shety	6th Aug	8. Ann Nagaratna Panduranga Shetty	13 th Aug
2. Rtn P S Chandashekhar	15 th Aug	9. Ann Surekha Vinod Kudva	20 th Aug
3. Rtn Tilak Rai	21 st Aug	10. Ann Meena Chanrashekhar P S	20 th Aug
4. Rtn Jaikumar Kolya	23 rd Aug	11. Ann Sugandhi Gopal Shetty	27 th Aug
5. Ann Shaila Anand Kini	2 nd Aug	12. Ann Mookambika Raghavendra	29 th Aug
6. Ann Vidya Pradeep Shetty	2 nd Aug	13. Annet Amogh Balakrishna Shetty	22 nd Aug
7. Ann Kavitha MG Kamath	9 th Aug		

Wedding Anniversary wishes to

1. Rtn Sukumar Shetty & Ann Sushma Shetty 28 th Aug

New Team of RCME WITH GUESTS



Committee Chairmen with Guests



EDITORIAL

ತುಂಬಾ ಚಿಕ್ಕದು..... ನಮ್ಮ ಪಯಣ.....

ನಮ್ಮ ಪಯಣ ತುಂಬಾ ಚಿಕ್ಕದು

ಒಬ್ಬ ಮಹಿಳೆ ಬಸ್ಸನ್ನು ಹತ್ತಿದಳು. ಒಬ್ಬ ವ್ಯಕ್ತಿಯ ಪಕ್ಕದಲ್ಲಿ ಕುಳಿತಿದ್ದಳು, ಮತ್ತು ಅವಳು ತನ್ನೊಂದಿಗೆ ತಂದಿದ್ದ ಹಲವಾರು ಚೀಲಗಳು ಅವನನ್ನು ತಾಗುತ್ತಿದ್ದವು.

ಆದರೂ ಅವನು ಮೌನವಾಗಿದ್ದಾಗ, ಮಹಿಳೆ ತನ್ನ ಚೀಲಗಳು ಅಷ್ಟು ತಗುಲುತ್ತಿದ್ದರೂ ಏಕೆ ದೂರುತ್ತಿಲ್ಲ ಎಂದು ಆಶ್ಚರ್ಯವಾಯಿತು ಮತ್ತು ಅವನನ್ನೇ ಕೇಳಿದಳು -ನಿಮಗೆ ಅಷ್ಟು ಕಿರಿಕಿರಿ ಆಗುತ್ತಿದ್ದರೂ ಯಾಕೆ ದೂರದೆ ಸುಮ್ಮನಿರುವಿರಿ??

ಆ ವ್ಯಕ್ತಿ ಸಣ್ಣ ಮುಗುಳ್ಳಗೆಯೊಂದಿಗೆ ಉತ್ತರಿಸಿದ:

ನಮ್ಮ ಸಹ ಪ್ರಯಾಣವು ತುಂಬಾ ಚಿಕ್ಕದಾಗಿರುವುದರಿಂದ, ಅಂತಹ ಚಿಕ್ಕ ವಿಷಯದ ಬಗ್ಗೆ ಅಸಮಾಧಾನಗೊಳ್ಳುವ ಅಗತ್ಯವಿಲ್ಲ, ಏಕೆಂದರೆ ನಾನು ಮುಂದಿನ ನಿಲ್ದಾಣದಲ್ಲಿ ಇಳಿಯುತ್ತಿದ್ದೇನೆ"

ಈ ಉತ್ತರವು ಮಹಿಳೆಯನ್ನು ತುಂಬಾ ವಿಚಲಿತಗೊಳಿಸಿತು, ಅವಳು ಆ ವ್ಯಕ್ತಿಯನ್ನು ಕ್ಷಮಿಸುವಂತೆ ಕೇಳಿದಳು ಮತ್ತು ಅವನಾಡಿದ ಮಾತುಗಳು ಸುವರ್ಣಾಕ್ಷರಗಳಲ್ಲಿ ಬರೆದಿಟ್ಟುಕೊಳ್ಳುವಂತಹುವೆಂದು ತನ್ನಲ್ಲೇ ಅಂದುಕೊಂಡಳು.

ಈ ಜಗತ್ತಿನಲ್ಲಿ ನಮ್ಮ ಸಮಯವು ತುಂಬಾ ಚಿಕ್ಕದಾಗಿದೆ ಎಂದು ನಾವು ಪ್ರತಿಯೊಬ್ಬರೂ ಅರ್ಥಮಾಡಿಕೊಳ್ಳಬೇಕು, ನಿಷ್ಪ್ರಯೋಜಕ ವಾದಗಳಿಂದ, ವೃಥಾ ಅಸೂಯೆಗಳಿಂದ, ಮೊಂಡು ವಾದಗಳಿಂದ, ಅಸಮಾಧಾನ ಮತ್ತು ಕೆಟ್ಟ ವರ್ತನೆಗಳಿಂದ ಸಮಯ ಮತ್ತು ಶಕ್ತಿಯ ವ್ಯರ್ಥ ಮಾಡಿಕೊಳ್ಳದಿರಿ . ಯಾರಾದರೂ ನಿಮ್ಮ ಹೃದಯವನ್ನು ಘಾಸಿ ಮಾಡಿದ್ದಾರೆಯೇ? ಶಾಂತವಾಗಿರಿ.

ನಿಮ್ಮ ಪ್ರವಾಸವು ತುಂಬಾ ಚಿಕ್ಕದಾಗಿದೆ ❤️

ಯಾರಾದರೂ ನಿಮಗೆ ಬೆದರಿಸಿದ್ದಾರೆಯೇ, ಮೋಸ ಮಾಡಿದ್ದಾರೆಯೇ ಅಥವಾ ಅವಮಾನಿಸಿದ್ದಾರೆಯೇ? - ಶಾಂತರಾಗಿರಿ, ಒತ್ತಡಕ್ಕೆ ಒಳಗಾಗದಿರಿ ಪ್ರವಾಸವು ತುಂಬಾ ಚಿಕ್ಕದಾಗಿದೆ. ❤️

ಯಾರಾದರೂ ನಿಮಗೆ ಇಷ್ಟವಾಗದ ಕಾಮೆಂಟ್ ಮಾಡಿದ್ದಾರೆಯೇ? ಶಾಂತವಾಗಿರಿ. ನಿರ್ಲಕ್ಷಿಸಿ. ಕ್ಷಮಿಸಿ, ಅವರನ್ನು ಪ್ರೀತಿಸಿ.

ಪ್ರವಾಸವು ತುಂಬಾ ಚಿಕ್ಕದಾಗಿದೆ. ❤️

ಕೆಲವರು ನಮಗೆ ಏನೇ ಸಮಸ್ಯೆ ತಂದರೂ ನಾವು ಅದರ ಬಗ್ಗೆಯೇ ಯೋಚಿಸುತ್ತಿದ್ದರೆ ಅದರ ಬಗ್ಗೆಯೇ ಚಿಂತಿಸಿದರೆ ಮಾತ್ರ ಸಮಸ್ಯೆ, ನೆನಪಿರಲಿ ನಮ್ಮ ಪ್ರಯಾಣವು ತುಂಬಾ ಚಿಕ್ಕದಾಗಿದೆ. ❤️

ನಮ್ಮ ಪ್ರವಾಸದ ಉದ್ದ ಯಾರಿಗೂ ತಿಳಿದಿಲ್ಲ. ನಾಳೆ ಏನಾಗುವುದೋ ಯಾರೂ ನೋಡಿಲ್ಲ. ಅದು ಯಾವಾಗ ತನ್ನ ನಿಲ್ದಾಣಕ್ಕೆ ಬಂದು ಕೊನೆಗೊಳ್ಳುತ್ತದೆ ಎಂಬುದು ಯಾರಿಗೂ ತಿಳಿದಿಲ್ಲ.

ನಮ್ಮ ಪಯಣ ತುಂಬಾ ಚಿಕ್ಕದಾಗಿದೆ. ❤️

ನಾವು ಸ್ನೇಹಿತರು ಮತ್ತು ಕುಟುಂಬವನ್ನು ಪ್ರಶಂಸಿಸೋಣ. ಅವರನ್ನು ಗೌರವಿಸೋಣ, ಪ್ರೀತಿಸೋಣ ಮತ್ತು ಕ್ಷಮಿಸುವವರಾಗಿರೋಣ. ನೆನಪಿರಲಿ, ನಮ್ಮ ಪಯಣ ತುಂಬಾ ಚಿಕ್ಕದು ❤️

ಎಲ್ಲರೊಂದಿಗೆ ಮುಕ್ತವಾಗಿ ಬೆರೆತುನಿಮ್ಮ ನಗುವನ್ನು ಎಲ್ಲರೊಂದಿಗೆ ಹಂಚಿಕೊಳ್ಳಿ.....ನೀವು ಬಯಸಿದಷ್ಟು ಸುಂದರವಾಗಿರಲು ನಿಮ್ಮ ಮಾರ್ಗವನ್ನು ಆರಿಸಿಕೊಳ್ಳಿ

ನಮ್ಮ ಪ್ರವಾಸವು ತುಂಬಾ ಚಿಕ್ಕದಾಗಿದೆ.....

THE FOUR - WAY TEST of the things we think, say or do

1. Is it the TRUTH ?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIP?
4. Will it be BENEFICIAL to all concerned?

ಅವಲೋಕನ

ಹಣ, ಆಸ್ತಿ, ಅಂತಸ್ತು, ಅಹಂ, ಯಾವುದೂ ಶಾಶ್ವತವಲ್ಲ,

ಸಾವು ಎನ್ನುವುದು ನಿಶ್ಚಿತ. ಅದನ್ನು ತಡೆಯಲು ಯಾರಿಂದಲೂ ಸಾಧ್ಯ ಇಲ್ಲ

ಬದುಕಿದ್ದಾಗ ಹಸಿದವರಿಗೆ ಅನ್ನ ಹಾಕು, ನಿರ್ಗತಿಕರ ಕೈ ಹಿಡಿ, ನೊಂದವರ ಧ್ವನಿ ಆಗು,

ಸ್ವಂತ ಶಕ್ತಿ ಮೇಲೆ ಸಾಧನೆ ಮಾಡಿ ಜಗತ್ತೇ ತಿರುಗಿ ನೋಡುವಂತೆ ಮಾಡು ಸಾವಿನ ನಂತರ ಉಳಿಯುವುದು *ಸಾಧನೆ*.....

ಸಮಯ

ಕೊಟ್ಟ ಸಮಯ

ತುಂಬಾ ಇತ್ತು

ವ್ಯರ್ಥವಾಗಿ ಹೋಯಿತು

ಕೆಟ್ಟ ಮೇಲೆ

ಬುದ್ಧಿ ಬಂತು

ಮತ್ತೆ ಸಿಗದು

ಕಳೆದ ಸಮಯ

ನಿರೀಕ್ಷೆ ಹುಸಿಯಾದರೇನು

ಭರವಸೆ ಇಲ್ಲವೇ

ಸಮಯ ಇದ್ದಾಗ

ಪ್ರಯತ್ನ ಮಾಡಿಲ್ಲ

ಸುವರ್ಣ ಅವಕಾಶ

ಕೈ ಚೆಲ್ಲಿ ಹೋಯಿತು

ಉಳಿದ ಸಮಯ

ಹಾಗೇ ಕಳೆಯದಿರು

ಮರಳಿ ಪ್ರಯತ್ನ

ಮಾಡದೇ ಇರದಿರು

ಹೊಸ ನಿರೀಕ್ಷೆಗಳು

ಹುಸಿಯಾಗದೇ ಇರಲು

ವ್ಯರ್ಥ ಮಾಡದಿರು

ಉಳಿದ ಸಮಯ...

-- ರೋ.ಸಂತೋಷ ಕುಮಾರ್ ಶೆಟ್ಟಿ

Article of the month



Climate Change : How to defuse the climate time-bomb? This summer, we have faced the brunt of climate change. We had to brave the scorching heat; the marked tangible indications of increase of ambient temperature in our coastal region as in recent years, the phenomenon is getting imposed on us year by year with an increasing magnitude.. Prolonged summer..., Let me be a little poetic: Our situation was giving us a feeling of dragon spewing fire above our stratosphere rather than the mythological Sun God's chariot drawn by seven horses of pleasant waves of warmth! Delay in the onset of monsoon every year and resultant rationing of drinking water ironically for our coastal belt, which boasts of Rains in abundance! Then finally catastrophic torrential rains heading to floods are indications that we are drifting away from the regular pattern of climate cycles. Climate change refers to long-term shifts in temperatures and weather patterns. These shifts may be natural, but since the 1800s, human activities have been the main driver of climate change, primarily due to the burning of fossil fuels (like coal, oil, and gas) increasing heat-trapping greenhouse gas levels in the Earth's atmosphere. Increasing greenhouse gas emissions from human activity act like a blanket wrapped around the earth, trapping the sun's heat and raising temperatures. Examples of greenhouse gas emissions that are causing climate change include carbon dioxide and methane. Forests are drying up, there is less rainfall and more fires, and the glaciers of both the North and South Poles are shrinking. The consequences of climate change affect all of us, but in order to react and adapt to it, we must first understand it. Signs of Climate Change: The Evidence for Rapid Climate Change Is Compelling: • Global Temperature Is Rising causing more intense heat waves. • The Ocean Is Getting Warmer. • Glaciers Are Retreating. • Sea Level Is Rising. • Forest wild fires –As a resultant of Climate Change or Man-made

Causes of Climate Change and How to save the Climate: Few of the prominent Causes of Climate Change ❖ Generating electricity and heat by burning fossil fuels causes a large chunk of global emissions. ❖ Cutting down forests. Forests absorb carbon dioxide from the atmosphere and store it in trees, root systems and the soil, making forests a key ally tackling climate change. ❖ Agriculture makes up around 11% of greenhouse gas emissions. ❖ Pollution from industry is one of the worst types. This is because the smoke released into the air contributes to ozone depletion. It also affects the health of animals and humans, as well as global warming. ❖ Marine ecosystems are facing a huge problem: overfishing. This happens when too many fish are taken from the ocean, more than can be replaced naturally

1. Bio Diversity Nearly every ecosystem, tree, and animal helps produce Earth's climate. And right now, the extinction crisis exacerbates the climate crisis. Protecting and restoring nature is the biggest step we can take towards stabilizing the climate emergency.

2. Emissions The concentration of greenhouse gases (GHG) in the atmosphere causes global temperatures to rise with a host of impacts and catastrophic consequences. At the moment the world is heading for a rise in excess of 3°C this century. It is a global average covering extreme variations across regions and seasons. Switching energy systems from fossil fuels to renewable like solar or wind will reduce the emissions driving climate change.

3. Every increase in global warming matters In a series of UN reports, thousands of scientists and government reviewers agreed that limiting global temperature rise to no more than 1.5°C would help us avoid the worst climate impacts and maintain a liveable climate. Yet policies currently in place point to a 2.8°C temperature rise by the end of the century. Summation of causes directs every responsible citizen to shoulder the responsibility of saving the planet by at least following the feasible norms of reusing the single use plastics, optimizing the usage of water, choosing the renewable energy sources and many more as and when one comes across practical solutions of conserving mother earth. World leaders heading the front runner countries must formulate appropriate government policies to steer the people to favourable conditions in conserving our home planet.

Compilation from various sources.

Rtn Sunil Kunder K.

Director Community service

Gallery..... Youth Service

Interact team Installations.....



Interact Club Govt High School Attavara



Interact Club Ramakrishna High School



President Interact club GHS Mudushedde



Interact Club Govt High School Mudushedde.

Vanasiri *** Vanamahothsava programmes during July 2023**



With RCC Kolya and Raktheshwari Balaga Kolya..... Initiation by RCC President Anand



With RCC Kolya and Raktheshwari Balaga Kolya..... Arrangements by Rtn Jaikumar



At Traffic Police Station Baikampady.....Arrangements by Rtn Nithyananda Shetty



At Govt High School Attavara.....

**Initiation by
Rtn Balakrishna S
Shetty**



At Ramakrishna High School.....
Initiation By Rtn Sadashiva Shetty



At Govt High School Mudushedde..
Arranged by Rtn Jayaram Shetty and
Rtn Sunil Kundar



At Govt Primary School Mudushedde..
Arranged by Rtn Jayaram Shetty and
Rtn Sunil Kundar